



Date: Friday 8 February 2019

Time: 09.00-17.15

Venue: Engineers' House

The Promenade, Clifton Down, Avon, Bristol BS8 3NB

EARLY BIRD PRICE AVAILABLE £40.00 (half-day) £80.00 (full-day)

Thereafter £50.00/£100.00

BOOKING LINK BELOW:

<https://www.eventbrite.co.uk/e/new-ways-forward-in-mental-health-and-optimum-health-in-later-life-tickets-52088123981>

Seminar highlights:

- The growth of social prescribing
- Barriers and breakthroughs in physical activity
- Creative ageing workshop
- Nutritional approaches to supporting mental health
- Integrative psychiatry
- Self-care for the health professional and more to be announced!

New Ways Forward in Mental Health and Optimum Health in Later Life is a one-day training event for healthcare professionals, CAM practitioners, students and researchers.

The event will provide you with helpful information on how to best support patients with mental health issues and general health in later life. It also aims to improve your confidence in making complementary and lifestyle recommendations alongside your usual clinics or healthcare practice.

The event offers up to seven (7) hours of CPD and will provide a great opportunity to meet and network with peers from a range of disciplines.

This training event is organised by the National Centre for Integrative Medicine. Our Open Clinical Day series is supported by the College of Medicine.

Concessionary and student rates are available. Please email the administrator on education@ncim.org.uk to find out if you are eligible.